

MEDICAL CERTIFICAT OF NO CONTRAINDICATION TO THE COMPETITIVE PRACTICE OF ORIENTEERING – disciplines « foot, mountain bike, ski »

Orienteering is a demanding and intensive sport: under French legislation, competitors are required to undergo an annual medical examination to demonstrate the absence of any contraindication to the competitive practice of orienteering.

This medical certificate may be issued by a medical doctor of your choice.

I the undersigned, Doctor in Medicine, certify that I have today examined

Mrs, Mr _____

Born on _____

I certify that he/she presents no medical contraindication to the competitive practice of orienteering.

Delivered at _____ on _____

Doctor's signature and official stamp

PARENT'S OR GUARDIAN'S AUTHORISATION (for minor(s))

I the undersigned, Mrs, Mr _____ (parent or guardian)
authorise my son or daughter to take part in orienteering competition

Delivered at _____ on _____

Signature

