

CIRCUITS / TEMPS DE COURSE O'France 2019

Catégorie et classe	Etape 1 : Sprint			Etapas « Forêt »				Difficulté
				Etapas 2 et 4 : Moyennes Distances		Etapas 3 et 5 : Longues Distances		
	Echelle	Temps de Course	Difficulté	Echelle	Temps de Course	Echelle	Temps de Course	
M21E	1/4000	12' - 15'	4 - Orange	1/10000	35'	1/10000	75'	5 - Violet
M20	1/4000	12' - 15'		1/10000	35'	1/10000	70'	
M21A	1/4000	12' - 15'		1/10000	35'	1/10000	70'	
M35	1/4000	12' - 15'		1/10000	35'	1/10000	65'	
W21E	1/4000	12' - 15'		1/10000	35'	1/10000	65'	
W20	1/4000	12' - 15'		1/10000	35'	1/10000	60'	
M45	1/4000	12' - 15'		1/10000	35'	1/10000	60'	
M18	1/4000	12' - 15'		1/10000	35'	1/10000	60'	
M40	1/4000	12' - 15'		1/10000	35'	1/10000	60'	
W21A	1/4000	12' - 15'		1/10000	35'	1/10000	55'	
W35	1/4000	12' - 15'		1/10000	35'	1/10000	55'	
M50	1/4000	12' - 15'		1/10000	35'	1/10000	50'	
Open Violet A*	1/4000	12' - 15'		1/10000	35'	1/10000	50'	
W18	1/4000	12' - 15'		1/10000	35'	1/10000	50'	
M55	1/4000	12' - 15'		1/10000	30'	1/10000	50'	
W40	1/4000	12' - 15'		1/10000	30'	1/10000	50'	
W45	1/4000	12' - 15'		1/10000	30'	1/10000	50'	
W50	1/4000	12' - 15'		1/10000	30'	1/10000	45'	
Open violet B*	1/4000	12' - 15'		1/10000	30'	1/10000	45'	
W55	1/4000	12' - 15'		1/10000	30'	1/10000	45'	
M60	1/4000	12' - 15'		1/10000	30'	1/10000	45'	
M65	1/4000	12' - 15'		1/10000	30'	1/10000	45'	
W60	1/4000	12' - 15'		1/10000	30'	1/10000	40'	
W65	1/4000	12' - 15'		1/10000	30'	1/10000	40'	
M70	1/4000	12' - 15'		1/10000	30'	1/10000	40'	
M75	1/4000	12' - 15'		1/10000	25'	1/10000	40'	
W70	1/4000	12' - 15'		1/10000	30'	1/10000	40'	
W75	1/4000	12' - 15'		1/10000	25'	1/10000	40'	
M16	1/4000	12' - 15'	1/10000	25'	1/10000	50'		
Open Orange C*	1/4000	12' - 15'	1/10000	25'	1/10000	50'	4 - Orange	
W16	1/4000	12' - 15'	1/10000	25'	1/10000	45'		
M80 and more	1/4000	12' - 15'	1/10000	25'	1/10000	40'	3 - Jaune	
W80 and more	1/4000	12' - 15'	1/10000	25'	1/10000	40'		
Loisir Jaune Long**	1/4000	12' - 15'	1/10000	25'	1/10000	40'		
M14	1/4000	12' - 15'	1/10000	25'	1/10000	40'		
Open Jaune D*	1/4000	12' - 15'	1/10000	25'	1/10000	40'		
W14	1/4000	12' - 15'	1/10000	25'	1/10000	35'		
Loisir Jaune Court**	1/4000	12' - 15'	1/10000	25'	1/10000	35'		
W12	1/4000	12' - 15'	1/10000	20'	1/10000	30'		
M12	1/4000	12' - 15'	1/10000	20'	1/10000	30'		
Loisir Bleu**	1/4000	12' - 15'	2 - Bleu	1/10000	20'	1/10000	30'	2 - Bleu
W10	1/4000	12' - 15'	1/5000	20'	1/5000	20'		
M10	1/4000	12' - 15'	1/5000	20'	1/5000	20'		
Loisir Vert**	1/4000	12' - 15'	1 - Vert	1/5000	15'	1/5000	15'	1 - Vert
W10-M10 Shadowed (accompagné)*	1/4000	12' - 15'	1/5000	15'	1/5000	15'		

*Circuits chronométrés, sans remise de prix.

** Circuits non chronométrés